

Pet-to-Human Weight Equivalent Chart

Shetland sheepdog

Dog's Weight (lbs)	Percentage Overweight	Equivalent Weight 5'4" Adult Female	Equivalent Pounds Overweight - Adult Female	BMI for 5'4" Adult Female	Equivalent Weight 5'9" Adult Male	Equivalent Pounds Overweight - Adult Male	BMI for 5'9" Adult Male
18	0%	108	0	18.5	125	0	18.5
20	0%	145	0	24.9	169	0	25.0
21	5%	152	7	26.1	177	8	26.2
22	10%	160	15	27.4	186	17	27.4
23	15%	167	22	28.6	194	25	28.7
24	20%	174	29	29.9	203	34	29.9
25	25%	181	36	31.1	211	42	31.2
26	30%	189	44	32.4	220	51	32.4
27	35%	196	51	33.6	228	59	33.7
28	40%	203	58	34.8	237	68	34.9
29	45%	210	65	36.1	245	76	36.2
30	50%	218	73	37.3	254	85	37.4
31	55%	225	80	38.6	262	93	38.7
33	65%	239	94	41.1	279	110	41.2
35	75%	254	109	43.6	296	127	43.7
37	85%	268	123	46.0	313	144	46.2
39	95%	283	138	48.5	330	143	48.7
44	120%	319	174	54.8	372	203	54.9
49	145%	355	210	61.0	414	245	61.1

